

Bend Me, Shape Me

By
The American Breed
2:11

Basic level line dance
with a partner
Classic Rock from 1968

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A B C Break A B C C*

Wait 8 beats, L foot lead

Part A (48 beats)

8 count Jazz Box

4 Clap Basics

4 Steps moving L

Triple

4 Clap Basics (R foot lead)

4 Steps moving R

Triple

4 Clap Basics

Part B (32 beats)

Triple Step Kick forward (S S S K), Triple Step Touch back (turn $\frac{1}{4}$ L on toe touch back) do 3 X's to face R wall

Circle counterclockwise in 4 Steps to face partner. Guy goes full circle, girl goes $\frac{1}{2}$ circle

Part C (40 beats)

8 count Clap Sequence—R clap with partner, L clap with partner, clap thighs (your own), clap hands, roll hands 2 beats, R clap with partner, L clap with partner.

Count is 1,2,3,4, 5&6, 7,8

4 Basics

Repeat claps and basics

Circle counterclockwise in 4 steps to face partner

Break (56 beats)

Star Thru in 4 Steps

California Twirl in 4 Steps to face front

Part C*

Do Part C but end with two basics facing partner + one basic to face front + one step out with the right.