

Dance

Artist: Rascal Flatts
 CD: Back to Us
 Music: Country
 Length: 3:22 minutes
 Speed: 112 bpm

Choreographer: Lynn Grassi
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 Level: Intermediate
 Lead Foot: Left

Sequence: Wait 24 beats - A - B - C - D - D* - A - B - C - D - D - E - F - F* - ½ C - C* - ½ C - D - D - ½ D*

Wait 24 beats

		-----moving forward-----						-½ L turn-			
Part A	Malibu Stamp (½ L)	DS	DS	DS	Sta	Sl/Lift	RS	Sk (½ L)	Sl/lift	DS	RS
(32 beats)	(8 beats)	L	R	L	R	L/R	RL	R	L/R	R	LR
		&a1	&a2	&a3	&	4	&5	&	6	&a7	&8
	Sam	DS	DS (xif)	Dr	S	Dr	S				
	(4 beats)	L	R	R	L	L	R				
		&a1	&a2	&	3	&	4				
	Simone Stomp	DS	DS	Sto	Sto	Dr/Dr	Sl/Lift				
	(4 beats)	L	R	L	R	L/R	R/L				
		&a1	&a2	&	3	&	4				

Repeat: [Malibu Stamp (½ L), Sam, Simone Stomp], same footwork, turning same direction (16 beats).

		-----1/8 L, to the L diagonal-----									
Part B	2 – Tell Mama	DS	DS (xif)	Dr/Lift (ib)	S (ib)	Sl/K (if)	S (if)	Dr/Lift (ib)			
(16 beats)	(16 beats)	L	R	R/L	L	L/R	R	R/L			
		&a1	&a2	&	3	&	4	&			
					---1/8 R, to face front---						
		S (ib)	Sl/K (if)	S (if)	DS (1/8 R)	RS	Repeat opposite footwork,				
		L	L/R	R	L	RL	turning opposite direction				
		5	&	6	&a7	&8	(8 beats)				

[Cue: Double step, double cross, drag step, slide step, drag step, slide step, & a basic]

Part C	Scotty (¼ R)	DS	DT	Sl/Lift (xif)	DT	Sl/Lift (ots)	Bo (tog)	Bo (squat)
(32 beats)	(8 beats)	L	R	L/R	R	L/R	L/R	L/R
		&a1	&a	2	&a	3	&	4
		P	Bo (tog, ¼ R)	Bo (tog)	Sl/Lift	DS	RS	
		L/R	L/R	L/R	L/R	R	LR	
		&	5	&	6	&a7	&8	

[Cue: Double step, double in, double out, bounce, squat, pause, bounce, bounce, lift & a basic]

	Eric Slide (¼ R)	DS	DT	Sl/Lift	R (ib, ¼ R)	Hw (if)	Ba (ib)	Sl/Lift
	(4 beats)	L	R	L/R	R	L	R	R/L
		&a1	&a	2	&	3	&	4

[Cue: Double step, double up, rock heel, ball, slide]

	Walk the Dog	DS	DS	Hw	Hw	RS
	(4 beats)	L	R	L	R	LR
		&a5	&a6	&	7	&8

Repeat: [Scotty (¼ R), Eric Slide (¼ R), Walk the Dog], same footwork, turning same direction (16 beats).

Part) D	Black Mtn	DS	Hop/H-Tch	Hop/H-Tch	P	Bo/Bo (xib)	H-Tch	Sl/Lift
(16 beats)	Jump ((aka Maggie)	L	L/R	L/R	P	L/R	L	R/L
	(4 beats)	&a1	&	2	P	3	&	4

	Charleston (½ L)	DS	Tch (if)	H	Tch (ib)	H	RS (½ L)
	(4 beats)	L	R	L	R	R	LR
		&a1	&	2	&	3	&4

Repeat: [Black Mountain Jump, Charleston (½ L)], same footwork, turning same direction (8 beats).

Part D*	Charleston	DS	Tch (if)	H	Tch (ib)	H	RS
(4 beats)	(4 beats)	L	R	L	R	R	LR
		&a1	&	2	&	3	&4

Repeat Part A (32 beats): [Malibu Stamp (½ L), Sam, Simone Stomp] x2, same footwork, turning same direction.

Repeat Part B (16 beats): [Tell Mama] x2, alternating footwork.

Repeat Part C (32 beats): [Scotty (¼ R), Eric Slide (¼ R), Walk the Dog] x2, same footwork, turning same direction.

Repeat Part D (16 beats): [Black Mountain Jump, Charleston (½ L)] x2, same footwork, turning same direction.

Repeat Part D (16 beats): [Black Mountain Jump, Charleston (½ L)] x2, same footwork, turning same direction.

Part E	4 – Triples	DS	DS	DS	RS	Repeat 3x, alternating footwork (12 beats)					
(16 beats)	(16 beats)	L	R	L	RL	to make a big circle, facing out OR					
		&a1	&a2	&a3	&4	switch lines OR in a box					

Part F	3 – Rock & Switch	R (f)	S (b)	S (b)	R (f)	S (b)	S (b)	R (f)	S (b)	S (b)
(24 beats)	(6 beats)	L	R	L	R	L	R	L	R	L
		1	2	&	3	4	&	5	6	&

	Basketball Pivot (½ L)	Pvt (½ L)	S
	(2 beats)	R	L
		7	8

Repeat: [3 – Rock & Switch, Basketball Pivot] x2, opposite footwork, turning opposite direction (16 beats)

Part F*	1 – Rock & Switch	R (f)	S (b)	S (b)
(4 beats)	(2 beats)	R	L	R
		1	2	&

	Basketball Pivot (½ R)	Pvt (½ R)	S
	(2 beats)	L	R
		3	4

Repeat ½ C (16 beats): [Scotty (¼ R), Eric Slide (¼ R), Walk the Dog]

Part C* (4 beats): Walk the Dog

Repeat ½ C (16 beats): [Scotty (¼ R), Eric Slide (¼ R), Walk the Dog]

Repeat Part D (16 beats): [Black Mountain Jump, Charleston (½ L)] x2, same footwork, turning same direction.

Repeat Part D (16 beats): [Black Mountain Jump, Charleston (½ L)] x2, same footwork, turning same direction.

Repeat ½ Part D* (2 beats): [½ Charleston]

Key:

DS-Double Step	Sta-Stamp	Sl-Slide	RS-Rock step	Sk-Scuff
Dr-Drag	S-Step	Sto-Stomp	K-Kick	DT-Double Toe
Bo-Bounce	P-Pause	Hw-Heel Walk	H-Heel	Tch-Touch
Pvt-Pivot				
xif-cross in front	ib-in back	if-in front	ots-out to side	tog-together
xib-cross in back	f-front	b-back		