

# Dance, Dance, Dance

Artist: Appalachian Road Show

Dance, Dance, Dance— Dance, Dance, Dance (Single)— (2:38)

Int.+—Bluegrass/Folk—Moderate

Choreography: Chynna Birkmire, CCI, Hays, NC, [chynnaclogger@gmail.com](mailto:chynnaclogger@gmail.com)

Left Foot Lead

Sequence: Intro—A—Break—B—A—Break—C—A—D—B—Bridge—C\*—Break\*—End

## INTRO— WAIT 16 BEATS

### PART A—32 beats

Drag Loop Break (8 beats) DS K/Dr S(xif) DS(unx) Lp Brk/S(b) p S/Brk Brk/S S/Brk p S H/Ba Lf/SI  
 L R/L R L R L/R L/R L/R L/R L L/R L/R  
 &1 & 2 &3 & 4 & 5 & 6 & 7 & 8

Black Mountain (4 beats) DS Hp/H Hp/H p Hp/T(Turn 1/4 L) H/Ba Lf/SI  
 L L/R L/R L/R L/R L/R L/R  
 &1 & 2 & 3 & 4

Double Step Shuffle (4 beats) DS DS Sh Sh  
 L R LR LR  
 &1 &2 &3 &4

REPEAT above 16 beats (Drag Loop Break, Black Mountain, and Double Step Shuffle).

### BREAK—6 beats

3 Skaters (4 beats) Lf S/SI S(b)/SI SI/S(b) Lf/S  
 L L/R R/L L/R L/R  
 & 1 2 3 4

2 Cullens (2 beats) DT Bnc(face R corner) DT Bnc(face L corner)  
 L RL R LR  
 & 1 & 2

### PART B—35 beats

Stomp Around (8 beats) Lf Sto DT Lf(b)/SI Ba(xib) Ba(ots) H/Ba Lf/SI DT Lf(xif) K Ch DT Lf(xif) K Ch  
 L L R R/L R L L/R L/R L L L L L L  
 & 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

Cowgirl (8 beats) DT Lf(b)/SI DS DT Lf(b)/SI DS DS K Ch DS K Ch  
 L L/R L R R/L R L R R R L L  
 & 1 &2 & 3 &4 &5 & 6 &7 & 8

Rally (8 beats) DS DT Lf/SI DT Lf/SI DT Lf/SI DS DT Lf/SI DT Lf/SI DT Lf/SI  
 L R R/L R R/L R R/L R L L/R L L/R L L/R  
 &1 & 2 & 3 & 4 &5 & 6 & 7 & 8

Dirty Toes (4 beats)	DT S/Tslr Lf/SI DT Tslr/S Lf/SI L L/R R/L R L/R L/R & 1 2 & 3 4
Tap Across (4 beats)	DS Tch(ots) Hclk Tch(xif) Hclk Tch(ots) Hclk L R L R R L R &1 & 2 & 3 & 4
Double Basic (3 beats)	DS DS RS L R LR &1 &2 &3

**PART A— Drag Loop Break, Black Mountain, Double Step Shuffle, Drag Loop Break, Black Mountain, and Double Step Shuffle.  
BREAK— 3 Skaters and 2 Cullens**

**PART C—38 beats**

Chicken Pickin’ (8 beats)	DS DT Lf(xif) DT Lf(unx) DT Lf(b) DT Lf(xif) DT Lf(unx) DS RS L R R R R R R R R R R R R LR &1 & 2 & 3 & 4 & 5 & 6 &7 &8
Dragback Kick (8 beats)	DS DS(xif) Dr/Lf S(b) S(f) Dr/Lf S(b) S(unx) K/Dr S K/Dr S RS L R R/L L R R/L L R L L R R LR &1 &2 & 3 & 4 & 5 & 6 & 7 &8

REPEAT above 16 beats (Chicken Pickin’ and Dragback Kick).

Burton Chug (6 beats)	DS Sk SI Fl(xif) S Sk SI Fl(xif) S Sk SI Fl(xif) S RS(xib) K(ots) Ch L R L R R L R L L R L R R LR L L &1 e & a 2 e & a 3 e & a 4 &5 & 6
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**PART A— Drag Loop Break, Black Mountain, Double Step Shuffle, Drag Loop Break, Black Mountain, and Double Step Shuffle.**

**PART D—16 beats**

Samantha MJ Spin (8 beats)	DS DS(xif) Dr/Lf S(b) Dr/Lf S(b) S H(w)(turn 360 R) S DS RS L R R/L L L/R R L R L R LR LR &1 &2 & 3 & 4 & 5 & 6 &7 &8
Mcnamara (4 beats)	Ba H(ots) Ba Ba(xib) Ba(unx) H Ba S(tog) L R R L R L L R & 1 & 2 & 3 & 4
2 Pivot Turns (4 beats)	S(f) Pvt(turn 1/2 R) S(f) Pvt(turn 1/2 R) L LR L LR 1 2 3 4

**PART B— Stomp Around, Cowgirl, Rally, Dirty Toes, Tap Across, and Double Basic.**

**BRIDGE— 18 beats**

Mountain Goat (4 beats) DT S/K S/Lf(b) S/K S/Lf(b) S/K K/S Lf/SI  
L L/R R/L L/R R/L L/R L/R L/R  
& 1 & 2 & 3 & 4

Simone (4 beats) DS DS Sto Sto Tog Lf/SI  
L R L R LR L/R  
&1 &2 & 3 & 4

Drag Step Turn (8 beats) K/Dr S DT S/Lf(xif) S DT S/Lf(xif) S Dr/K S DT S/Lf(xif) S H(w)(turn 360 L) S  
L L R R/L L R R/L L L/R R L L/R R L R  
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

2 Double Steps (2 beats) DS DS  
L R  
&1 &2

**PART C\*— Chicken Pickin', Dragback Kick, Chicken Pickin', and Dragback Kick.  
BREAK\*— 3 Skaters and 2 Shuffles on R (standing) foot.**

**END— 4 beats**

Quick Step (4 beats) Sto DS(xif) Sto DS(unx) H(ots)  
L R L R L  
1 &2 & 3& 4

**Abbreviations**

DS- Double Step	Brk- Break	Bnc- Bounce	RS- Rock Step	(xif)- Cross in Front
K- Kick	H- Heel	DT- Double Toe	Sk- Skuff	(unx)- Uncross
Dr- Drag	Ba- Ball	Sto- Stomp	FI- Flap	(xib)- Cross in Back
S- Step	Lf- Lift	Ch- Chug	H(w)-Heel(weighted)	(ots)- Out to Side
Lp- Loop	Sl- Slide	Tslr- Toe Slur	Pvt- Pivot	(f)- Front
p- Pause	Hp- Hop	Tch- Touch	Tog- Together	L- Left
T- Toe	Sh- Shuffle	Hclk- Heel Click	(b)- Back	R- Right