

Old Time Rock And Roll

Easy Clogging Line Dance

Record: "Old Time Rock And Roll"

by Bob Seger and the Silver Bullet Band

Choreo: Adapted from a routine by Peg McLerran of MO

By Jeff Driggs, WV

Wait 16 beats, Left Foot Lead

INSTRUCTIONS

NAME OF STEP

DS R S DS R S DS R S DS R S
L R L R L R L R L R L R
&1 & 2 &3 & 4 &5 & 6 &7 & 8

4 BASIC STEPS

S KICK S TOUCH(B) S KICK S TOUCH(B)
L R R L L R R L
1 2 3 4 5 6 7 8

KUNG FOO

DS R S DS R S DS R S DS R S

4 BASIC STEPS

Take both hands and reach to the left, grabbing an imaginary rope and pulling yourself to the left twice (PULL, STEP, PULL, STEP). Repeat the same action to the right twice (8 beats).

PULL A ROPE

DS R S DS R S DS R S DS R S

4 BASIC STEPS

Get up on the balls of the feet. On the downbeat of the music twist L, R, L then bring up right foot. Then twist R, L, R and bring up left foot (8 beats).

DO THE TWIST

DS R S DS R S DS R S DS R S

4 BASIC STEPS

Starting on the left foot, on the downbeat walk 8 steps turning in a circle to the left to face front again (8 beats).

CIRCLE

REPEAT THE ABOVE SEQUENCE UNTIL THE MUSIC ENDS.