

Rise (Sing It Loud)

Artist: Caroline Jones

CD: Bare Feet

Country: Fast Tempo

Level: Easy Intermediate

Choreo: Alberta Stamp, CCI, astamp@olypen.com; 101 Montihill Lane, Sequim, WA 98382, 360-477-9764 (10/17)

Wait : 16 beats

Left Foot Lead

Sequence A Bridge A B C D A B C D E Ending

Part A (32 counts)

Rooster Run

Ds	Ds (xif)	Ba(ots)	Ba(xib)	Ba(ots)	S (xif)
L	R	L	R	L	R
&1	&2	&	3	&	4

Heel Pull Basic

Hw (ots)	Slr (inward)	S	Ds	R	S
L	R	R	L	R	L
1	&	2	&3	&	4

Rocking Chair

Ds	Br	Li/Hc	Ds	R	S
R	L	L/R	L	R	L
&1	&	2	&3	&	4

Fancy Double

Ds	Ds	R	S	R	S
R	L	R	L	R	L
&1	&2	&	3	&	4

Repeat all with a right foot lead

Bridge (16 counts)

High Horse ½ Left

												(1/2 left)
Ds	Dt (xif)	Hc	Dt(ots)	Hc	R	S	Ba	Li/Sl	Ds	Ds	R	S
L	R	L	R	L	R	L	R	L/R	L	R	L	R
&1	&	2	&	3	&	4	&	5	&6	&7	&	8

High Horse ½ Left

Part A (32 counts)

Rooster Run, Heel Pull Basic, Rocking Chair, Fancy Double. Repeat all with a right foot lead

Part B (20 counts)

Clog over vine left

Ds	Ds(xif)	Ds(ots)	Ds(xib)	Ds(ots)	Ds(xif)	Ds (ots)	R	S
L	R	L	R	L	R	L	R	L
&1	&2	&3	&4	&5	&6	&7	&	8

Karate ½ Right

Ds	K (turn ½ Rt)	S	K(fwd)	Hc
R	L	L	R	L
&1	&	2&	3	&

(½ right)

Triple ½ Right

Ds	Ds	Ds	R	S
R	L	R	L	R
&1	&2	&3	&	4

Outhouse

Ds	Tt (ots)	Hc	Tt (xif)	Hc	Tt (ots)	Hc
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

Basic

Ds	R	S
R	L	R
&1	&	2

Part C (20 counts)

Crazy Step

Ds	Ds	Ds	K	Hc	R	S	Ds	R	S	K	Hc
L	R	L	R	L	R	L	R	L	R	L	R
&1	&2	&3	&	4	&	5	&6	&	7	&	8

Long Charleston

Ds	Tt(f)	Hc	TH	Tt(b)	Hc
L	R	L	RR	L	R
&1	&	2	&3	&	4

2 Pidgeon Lifts

Dt	Tw (toes in)	Tw (heels in)	Li
L	L/R	L/R	R
&	1	&	2

2 Basics

Part D (32 Counts)

Dance Samantha 1/2 Left

Ds	Ds	K/Dr	S (fwd)	Dr /K	S (fwd)	R	S	Ds	Ds	R	S
L	R	L/R	L	L/R	R	L	R	L	R	L	R
&1	&2	&	3	&	4	&	5	&6	&7	&	8

(1/2 left)

Simone Stomp

Ds	Ds	Stmp	Stmp	Dr	Sl
L	R	L	R	L/R	L/R
&1	&2	&	3	&	4

Push and Run

Ds	R	S	R	S	Ds
L	R	L	R	L	R
&1	&	2	&	3	&4

Repeat the above steps to the front.

Part A (32 counts)

Rooster Run, Heel Pull Basic, Rocking Chair, Fancy Double. Repeat all with a right foot lead

Part B (20 counts)

Clog over vine left, Karate 1/2 Right, Triple 1/2 Right, Outhouse, Basic

Part C (32 counts)

Crazy Step, Long Charleston, 2 Pidgeon Lifts, 2 Basics

Part D (32 counts)

Dance Samantha 1/2 Left, Simone Stomp, Push and Run. Repeat the above to face the front

Part E (36 counts)

Run 4 forward

Ds	Ds	Ds	Ds
L	R	L	R
&1	&2	&3	&4

Vine Left and Right

Ds	Ds (xib)	Ds (ots)	R	S
L	R	L	R	L
&1	&2	&3	&	4

Charleston Brush

Ds	Tt (f)	Hc	Tt (b)	Hc	Br	Hc
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

Repeat the above steps with a right foot lead, then

Hold 4 counts

pa	(1	2	3	4)
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Ending (49 counts)

Dance Samantha 1/4 Left, Simone Stomp, Push and Run

Dance Samantha 1/2 Left, Simone Stomp, Push and Run

Dance Samantha 1/4 Left, Simone Stomp, Push and Run

1 Step

S
L
1

Key

Ds = double step
 R = rock
 S = step
 Hw = heel takes weight
 Hc = heel click
 Dr = drag
 Li = lift
 Tt = Toe Touch
 Stmp = Stomp
 Sl = Slide
 Br = Brush
 Dt = double toe

xif = cross in front
 xib = cross in back
 ots = out to side
 f = front
 b = back
 pa = pause