



# Carolina Mountain Home

A couples routine  
Bluegrass  
Time: 2:08

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(717) 677-8869  
Music: from the CD Ancient  
Tones by Ricky Skaggs

Sequence: **A—Pretzel—A—Swing out—A—Wrap—A**

Wait 16 beats, left foot lead, guy on left, girl on right with inside hands joined

## **Part A**

Triple brush forward & triple back

DS DS DS Br SI DS DS DSRS  
L R L R L R L R LR

4 basics; guy circles counterclockwise  
girl circles clockwise to end facing, join hands

DSRS (4 times)  
L RL

4 brush ups; brush left, right, left, right

DS Br SI (4 times)  
L R L

chain left and right, join hands at end

DS RS RS RS DS RS RS RS  
L RL RL RL R LR LR LR

## **1st couples move: the pretzel (16 basics)**

On first 2 basics the guy drops left hand and moves to the right to end back to back and then rejoins hands.

On next 2 basics partners move left to end side by side. Guy brings right hand over girl's head.

On next 4 basics girl raises left hand and wraps guy's arm around his head and guy raises left hand and wraps girl's arm around her head to end facing front with girl wrapped in front of guy.

On next 4 basics guy drops right hand and stays in place as girl dances around him while holding his left hand ending in wrapped position again.

Next 2 basics in place.

Next 2 basics a lawnmower spin to end facing front.

## **2nd couples move: swing out (16 basics)**

On first 6 basics swing out, swing in, swing out, swing back (twirl girl to end behind guy with hands joined).

On next 2 basics guy turns clockwise to face girl without dropping hands.

Next 2 basics guy raises right arm so girl can duck under.

Next 2 basics girl backs out on other side. Guy must let go with his right hand and rejoin.

Next 4 basics partners snap apart and guy turns to face front ending in var souviens position.

## **3rd couples move: the wrap**

On first 2 basics wrap girl (guy raises right hand, girl turns clockwise) to end side by side.

Girl leans back supported by guy and does "kick step and a basic step" while the guy is doing "step kick and a basic step".

Next 2 basics a lawnmower spin to face front.

Do 2 basics in place while moving hands to var souviens promenade position.

Next 2 basics turn back individually without dropping hands.

Next 2 basics exchange sides (girl is now on guy's right).

Next 2 basics turn back individually without dropping hands.

Next 2 basics exchange sides.